

OUR CLUB SCENE

Our bowling season generally begins in March of each year and concludes about September, but varies from club to club and around the country. Most clubs meet once a week and play games of various varieties.

There are social games of singles, pairs, triples and fours as well as championship games for people who want to play more competitively. There are also games and competitions for new players, under 18 year olds and Senior Citizens. Men and Women of all ages play together and against one-another, but sometimes there are mixed pairs or single gender tournaments.

We have social visits both to and from other clubs where you get to meet and mingle with many people. There are many 'open' tournaments held by local clubs, associations and districts, which many of our teams play in and all club members are invited and encouraged to participate in.

On the competitive scene you may get the chance to be selected to play in Club, Association and/or District Representative sides. You may even be lucky enough one day to play for the North/South Island or New Zealand! There are also the NZ National Championships held each year in the second week of June and entry is open to all bowlers - no qualifications required.

National Championships



WELCOME TO OUR CLUB!

We hope you enjoy your bowls and may you enjoy our friendship.

Club: _____

Location: _____

Time: _____

Club Secretary: _____

Phone Number: _____

Please give your name, address and phone number to our secretary so you can be contacted about future club activities.

Club Coach: _____

Phone Number: _____

To find out more about the game, see our website **www.nzindoorbowls.co.nz** for:

- The Basics of Indoor Bowls Manual
- Laws of the Game
- Latest News and Results
- Upcoming National & District Events
- NZIB Executive, District, Club & Coaching Contact Details
- History of the Game & Archived Results
- Equipment and Supplies



www.nzindoorbowls.co.nz



NEW ZEALAND INDOOR BOWLS



New Bowlers Guide



WHO CAN PLAY?

Children, Parents, Grandparents, Aunts, Uncles, Cousins, Friends, Workmates—Anybody can play this wonderful game. Men and Women of all ages play Indoor Bowls and we also have visually impaired members and bowlers who play from their wheel chairs. Indoor Bowls is truly a “Game for All”.

It can be played as a serious competitive sport or purely as a social activity. No uniform or equipment is needed by the players—hence no financial outlay to start.

The only requirement is that you wear flat soled shoes (this is a precaution to prevent damage to the bowling mat). However, a foam pad to protect your knees is highly recommended if you choose to kneel while bowling. Club coaches are also available (at no cost) to help you get started as well as District and National Coaches.



Auckland Representative Aimee McCartain

ABOUT THE GAME

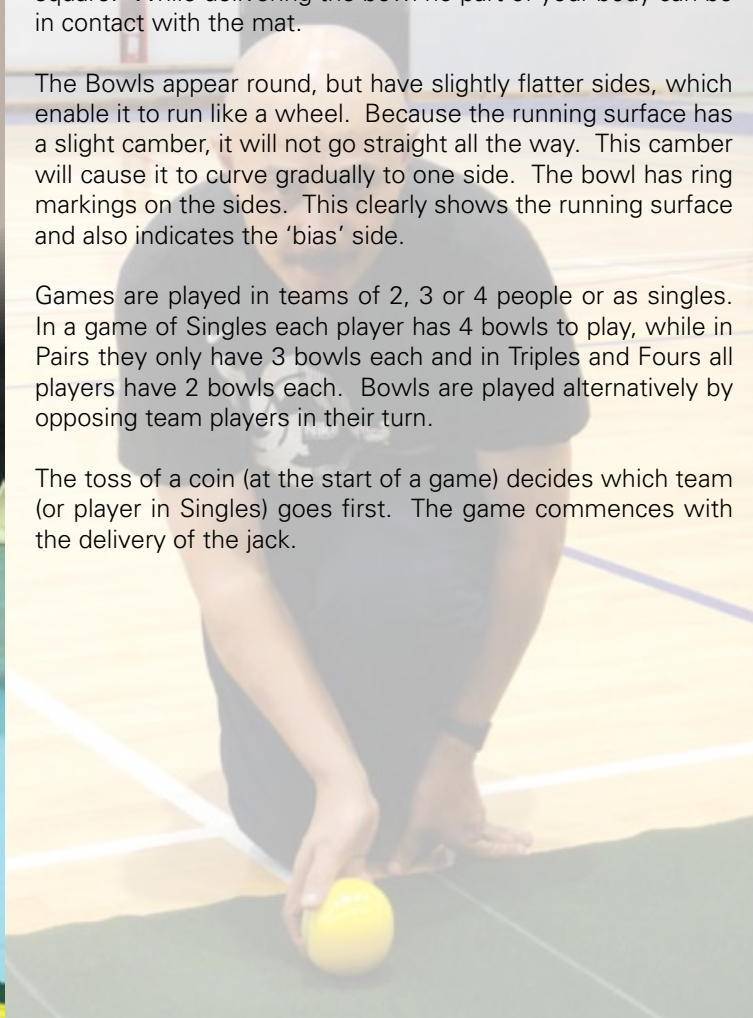
The game is played indoors on a green woollen or synthetic mat approximately 6.7 metres long and 1.8 metres wide. The object of the game is to get your bowls to stop on the mat closer to the jack than any other players/teams bowls. The jack is a small white round ball about 50mm in diameter.

Bowls are delivered from within the bowling square which should be treated like a chute. i.e. Bowls can not be delivered over the sides, but must be propelled out the front of the square. While delivering the bowl no part of your body can be in contact with the mat.

The Bowls appear round, but have slightly flatter sides, which enable it to run like a wheel. Because the running surface has a slight camber, it will not go straight all the way. This camber will cause it to curve gradually to one side. The bowl has ring markings on the sides. This clearly shows the running surface and also indicates the ‘bias’ side.

Games are played in teams of 2, 3 or 4 people or as singles. In a game of Singles each player has 4 bowls to play, while in Pairs they only have 3 bowls each and in Triples and Fours all players have 2 bowls each. Bowls are played alternatively by opposing team players in their turn.

The toss of a coin (at the start of a game) decides which team (or player in Singles) goes first. The game commences with the delivery of the jack.



A Game for all

PLAYING A GAME



Graham Low Coaching

The jack is bowled to the far end of the mat, then the players (in turn) will endeavour to get their bowls closest to the jack. The closest ones to the Jack score the points. When all bowls have been delivered this is termed as an “end played”

Games are played for a set length of time (e.g. 30 minutes) or a set number of ends. The side with the most points at the conclusion of that period wins the game.

In team games each player has a designated position in the team. For example in a Fours team you have a LEAD, TWO, THREE and SKIP (bowls played in this order). Generally the Skip is the most experienced player who will guide the team.

HOW TO BOWL

The club coach will guide and show you the best ways of holding the bowl and how to play it. They will also show how to get into the best position to bowl. As with many other sports such things as grip, body position, rhythm & timing are all important. Proficiency in these skills is only obtained by practice.



Paul Psaila & Grant Rayner National Pairs Champions