



**LEADERSHIP** is one of the most talked about subjects however is often misunderstood. Leadership is



around us all of the time and as people we are often in leadership roles, be it as a Coach, TEAM Captain or serving the sport on a Committee (TEAM) where there is both collective and individual leadership. Parenting is another example of leadership and of course we see it in the workplace on a daily basis. Most of us have an opinion about what is good and what is bad leadership and many of us have experienced both.....**SO WHAT IS LEADERSHIP?** During my last three years employed at Sport Wellington, <https://www.sportwellington.org.nz/> I had the pleasure and privilege of working alongside SportNZ <https://sportnz.org.nz/> and consultants Winsborough <https://www.winsborough.co.nz/> and Capability Group <https://capabilitygroup.co.nz/> to develop **PUNA** a Leadership Framework for Sport and Recreation in Aotearoa New Zealand.

**PUNA** – is the Sport and Recreation sector's spring of leadership resources to support leadership development at all levels of leadership and is available and FREE to the 80,000+ paid workforce and 1.3million volunteers in the sport and recreation sector to use, see here; <https://puna.co.nz/>

*The act of leadership is about behaviour...it is not tied to a role*

As an introduction to **PUNA** start by watching the first three animations;

- 1.Framework Intro (2.10mins)
- 2.Where My Leadership Shows Up (2.16mins)
- 3.How My Leadership Shows Up (2.29mins) *and then scroll down and view in this sequence*
- 4.Leading Self (2.16mins)
- 5.Leading Teams (2.25mins)
- 6.Leading Leaders (2.41mins)
- 7.Leading Organisations (2.34mins)
- 8.Governing Organisations (2.39mins)

Now that you have an appetite to grow your leadership capability, dig deeper and use the Self Development Guides, you will find;

**Ideas and Inspiration** *to get you thinking*

**Reflection Questions** *to help gain clarity, purpose and meaning*

**Practical Ideas and Suggestions** *to help you take the right actions*

*If your actions inspire others to dream more, learn more, do more and become more, you are a leader.*

*John Quincy Adams*