



# **GAMES & DRILLS**

## **FOR CLUB NIGHTS**

### **8 Bowl Pairs**

This is good for players who normally play lead and skips that always play skip. This game reverses the roles.

### **Victorian Pairs**

Similar to 8 bowl pairs but played in a 2-4-2 format.

### **2 Bowl Pairs**

Puts more emphasis on making your 2 bowls count rather than thinking 'I have another bowl'.

### **3 Bowl Singles**

Something a little different

### **Rotating Pairs or Triples**

Club Night is the ideal night to swap positions. Players get bored staying in the one position all the time. Also an opportunity to gain a better understanding of other playing positions. Change it up!

### **9 Bowl Triples**

Once again something a bit different – 3 bowls each. Gets the brain thinking.

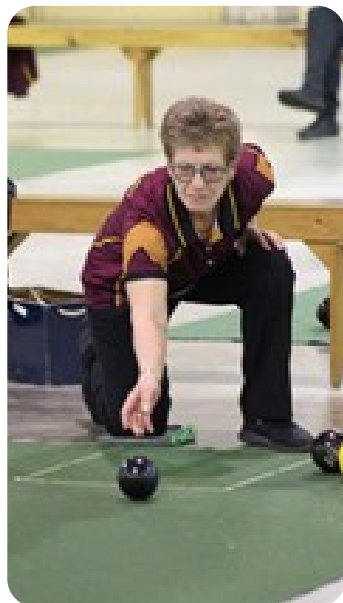


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## Drills For 3 Players

Have 2 players play 1 end – spare player plays the winner of that end.  
This is good for 2 new players and a club captain, coach, or more experienced player to guide the new players and explain the game.



**3 player Singles** – play 3 bowls each different colours. If your club doesn't have sets of coloured bowls use bright circular stickers.  
Score the points different – make it 3 2 1 for the 3 closest bowls.

## Drills for 1 Player

Use 4 bowls of 1 colour, 2 of the other colour. Play 4 bowls first then attempt to get the shot with your last 2 bowls using the different colour.

## Another Option

Draw a selected number of bowls to the box on one hand then the other. Write down the result. Try this again during the season. Keep working on your weakest hand.

Set up a head with some degree of difficulty and practice getting the shot consistently using both forehand and backhand - challenge yourself!

Also talk to your areas Coach and check out the  
New Zealand Indoor Bowls website  
for further Coaching resources

